

**Center for Urban and Regional Excellence  
IU Northwest**

P R E S E N T S

# Kids College

Stay healthy this summer!

Use your mind and body to be active!

Open to children ages 10 to 12

## **Healthy Habits and Drawing Classes**

Monday, June 12, 2017 – Friday, June 23, 2017

Weekdays: 9:00am – 11:30am

Monday, Wednesday, and Friday: Healthy Habits

Tuesday and Thursday: Drawing and Art

Students will learn how to eat healthy, stay active, rate their fitness level and learn how to make positive changes to improve their health. Students will also have fun drawing with charcoal and pencils, and gain confidence in their artistic abilities. An interactive final day will give Kids College students a chance to walk and talk and learn from Senior University students (age 60+), topping off this great program.

All materials are provided. Program cost is \$100.

To register, please visit: [www.iun.edu/kids-college](http://www.iun.edu/kids-college)